

## **PARENTING SKILLS**

Children's Center.....	699-2244
Children's Home Society .....	695-1325 x4221
Clark College .....	992-2000
Early Head Start (ESD112).....	750-7500 x342
Evergreen Community Education.....	604-4082
Girls & Boys Town Nat. 24hr Parenting Hotline	800-448-3000
Parenting Program – EOC of Clark County .....	896-9912

## **PLAY PARKS (Indoors)**

Camas/Washougal Indoor Play Park .....	624-0823
Firstenberg Comm Cntr .....	487-7001
Noah's Ark .....	694-9016
Play & Learn Group .....	992-0205

## **SUPPORT**

Baby Blues Connection .....	800-557-8375
Brief Encounters (pregnancy/infant loss) .....	503-699-8006
CVAB Warm Liner (pager – 5-10pm daily).....	903-2853
Compassionate Friends ( <i>loss of child</i> ).....	503-248-0102
Crime Victim Advocacy.....	694-3644 x23
Div. Developmental Disabilities.....	750-4250
Hope Bereavement Svcs (pregnancy/infant loss) ...	696-5120
MOMS—New Heights Church .....	314-3386
MOMS Club.....	momsclubvancouverouth@yahoo.com
Nurse-Family Partnership.....	397-8440
Women Mentoring Women—City Harvest Church ..	546-1000
Parent Help 123 Family Health Hotline.....	800-322-2588
Parent 2 Parent (children with disabilities) .....	823-2236
Parent Trust Help Line.....	800-932-HOPE(4673)
Pathways – Baby & Me Mom's Group (Camas)	360-834-2829
Postpartum Support International .....	800-944-4773
SeaMar Maternity Support Services .....	852-9092
TeenTalk .....	397-2428

## **TRANSPORTATION**

C Tran.....	695-0123
Employment Transportation.....	258-2103
Medicaid Transportation .....	694-9997
Toll free .....	800-752-9422
RSVP.....	735-5705
The Carpenter's Garage.....	882-7755

## **UTILITIES**

Clark Public Utilities.....	992-3000
Energy Assistance Program.....	855-353-4328
Safelink Wireless .....	800-977-3768
WA Phone Asst. Program.....	888-333-9882

## **CLARK COUNTY PUBLIC HEALTH Community Resources**

<b>Emergency .....</b>	<b>911</b>
<b>Crisis Hotline .....</b>	<b>800-626-8137</b>
<b>Information &amp; Referral .....</b>	<b>211</b>
<b>Poison Center .....</b>	<b>800-222-1222</b>

## **ABUSE**

CPS Child Abuse Reporting (8-4:30) .....	888-713-6115
(After Hours) .....	866-363-4276
Safe Choice Crisis Line.....	695-0501
WA State Domestic Violence .....	800-562-6025
YWCA Office Line .....	696-0167

## **ADOPTION**

Boys & Girls Aid .....	877-932-2734
Adoptions .....	254-7236

## **ALCOHOL/DRUGS/TOBACCO**

Al Anon .....	693-5781
Alcoholic Anonymous.....	694-3870
Change Point .....	604-0068
Cocaine Anonymous .....	800-662-2463
Columbia River CDDR Prgrm/NorthStar Servs.....	993-3040
Daybreak Youth Services .....	750-9588
Outpatient Program .....	750-9635
Lifeline .....	397-8246
Narcotics Anonymous .....	690-1144
Northwest Recovery Center (mom's group).....	397-8488
Parent Child Assistance Program .....	771-7902
WA Tobacco Quit Line .....	877-270-STOP
(for Spanish) .....	800-2NO-FUME

## **BABY CLOTHES & FURNISHINGS**

BirthRight .....	694-8156
Community Pregnancy Clinic—Camas/Washougal..	834-2829
Denim & Frills .....	571-9014
Goodwill Store .....	695-4669
Interfaith Treasure House.....	834-5786
KIDZ CLOZ .....	687-6997
Little Bo-tique .....	695-6126
Once Upon A Child .....	253-7742
Options 360 Battle Ground.....	687-8943
Orchards.....	567-0285
Pathways (Camas) .....	360-834-2829
Salvation Army Thrift Store.....	693-0671
Spanky's.....	260-0791
Value Village.....	944-5225

## **BIRTH CONTROL/FAMILY PLANNING SERVICES**

Planned Parenthood .....	888-576-7526
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## **BREASTFEEDING**

La Leche League of Vancouver.....	503-308-9052
Legacy Lactation Services .....	487-4050
Nursing Mother's Counsel .....	750-0656
Sea-Mar WIC Peer Mentors.....	397-4370
PHSW Med Cntr Lactation Dept Help Line .....	514-4027

## **CAR SEAT**

Hotline (recall & buckle-up) .....	800-282-5587
PHSW Car Seat Clinic (3 <sup>rd</sup> Sat. of month).....	450-8997

## **CHILDBIRTH EDUCATION**

Legacy Salmon Creek .....	487-4840
PeaceHealth Southwest Medical Center .....	514-2229

## **CHILDREN SERVICES**

Children w/Special Healthcare Needs.....	397-8472
Early Choice Pediatric Therapy .....	750-5850
Early Head Start or Head Start – EOCF .....	567-2720
Early Support for Infants & Toddlers .....	750-7507
Early Head Start-ECEAP preschool (ESD112). 750-7500 x342	
Evergreen Early Childhood Center .....	604-3334
Vancouver Early Childhood Center.....	313-4853

## **CHILD CARE**

Childcare Aware .....	800-446-1114
Working Connections Child Care.....	877-501-2233

## **COUNSELING FOR CHILDREN**

Catholic Community Services .....	567-2211
Children's Center.....	699-2244
Children's Home Society .....	695-1325
Columbia River Mental Health .....	993-3000

## **COUNSELING/MENTAL HEALTH**

Adapt.....	696-5300
Columbia River Mental Health .....	993-3000
Community Srvs Northwest.....	397-8484
Eating Disorder Hotline.....	800-931-2237
Mental Health Ombudsman.....	866-666-5070
SeaMar Behavioral Health.....	566-4432 x16007
Wellness Project of CSNW.....	546-1722

## **DENTAL/VISION**

ABCD Program (Referral for ages 0-5 yrs)... 397-8000 x7371	
Clark College Dental Hygiene Clinic .....	992-2158
Clark County Skills Center, Dental .....	604-1050
Dental Van at SWW Free Clinic .....	313-1390
Infant SEE eye exams .....	888-396-3937
New Day Community Clinic .....	892-7107
Sea-Mar Dental Clinic--1412 NE 88th St.....	574-4074

## **EDUCATION**

### Alternative High Schools:

Legacy (Evergreen School District).....	604-3900
Lewis & Clark (Vancouver School District).....	313-4350
Summit View (Battle Ground School Dist.) .....	885-5331
Vancouver Virtual Learning Academy.....	313-4990
Washougal Alternative (Excel Share).....	954-3300

### GED Programs:

Clark College Adult Basic Education (GED/ESL) 992-2741	
Youth Build – Partners in Careers (GED).....	696-8417
GRADS – Evergreen SD Teen Parent Program .....	604-3700
GRADS – Vancouver SD Teen Parent Program .....	313-4436
Open Doors Program (credit recovery, ages 16-21)952-3456	

## **EMPLOYMENT**

Goodwill/Job Connection.....	695-1923
Job Corps .....	735-5070
WA Employment Opportunities.....	696-6171
Work Source.....	735-5010
Youth Build.....	696-8417
Youth Impact – Innov. Svcs. NW (ages 15-24).....	892-5142
Connect 2 Careers – ESD112 (ages 16-24).....	952-3454

## **FINANCIAL ASSISTANCE**

Clark College Financial Aid .....	992-2153
Child Support Enforcement .....	696-6100
Clear Point Counseling Solutions .....	800-634-2227
DSHS Customer Service Center .....	877-501-2233
Social Security and SSI .....	866-605-8967

## **FOOD SOURCES (by zip codes they serve)**

### **Battle Ground:**

N. County Comm. Food Bank (17 NE 3 <sup>rd</sup> Ave).....	687-5007
Adventist Comm. Services (1101 NE 189 <sup>th</sup> St.) .....	687-3459
Serving: 98604, 98695, 98601, 98606, 98622, 98674	

### **Camas/Washougal:**

Interfaith Treasure House(91 "C" St., Washougal) .....	834-5786
Serving 98607, 98671, 98683	
East Co. Fam Res Cntr (1702 "C" St, Washougal) ..	835-7802
Salvation Army (1612 "I" St.).....	835-3171
<b>Orchards:</b> FISH (6012 NE 110 <sup>th</sup> Avenue).....	256-2440
Serving 98662, 98682, 98664, 98684, 98683	

### **Ridgefield:**

Neighbors Helping Neighbors (21814 NW 11 <sup>th</sup> Ave).....	887-3354
Serving 98629, 98642, 98685, 98686	

### **Vancouver:**

FISH (906 Harney St.).....	695-4903
Serving 98660, 98661, 98663, 98665, 98685, 98686	
Clark County Adventist (3200 St. Johns) .....	695-8632
One Life (1207 E. Reserve St).....	904-1273
Salvation Army (7509 NE 47 <sup>th</sup> Ave.).....	448-2890
Salvation Army (1500 NE 112 <sup>th</sup> Ave.).....	892-9050
St. Vincent de Paul (2456 Stapleton Rd) .....	694-5388
Share House (1115 W 13 <sup>th</sup> ) .....	695-7658

## **WIC**

Battle Ground .....	687-7126
Vancouver .....	397-8459
Washougal .....	835-7802

## **HEALTH**

### CPR Classes:

PeaceHealth Southwest.....	514-2190
NW Regional Training Ctr .....	397-2100
Free Clinic of SW WA/Emergency Prescription .....	313-1390
(4100 Plomondon St) Walk-In Clinic Tues/Thurs eve or Wed AM – CALL FOR HRS & other services	

HIV/AIDS Testing and Counseling .....	397-8425
New Heights Clinic (call for appt/no cost) .....	694-9355

*\*\*\*See Free & Low Cost Health Care Resource for more\*\*\**

## **INSURANCE**

<b>Community Health Plan of WA .....</b>	<b>800-440-1561</b>
<b>Healthcare Authority/DSHS.....</b>	<b>800-562-3022</b>
<b>Molina .....</b>	<b>800-869-7185</b>
<b>WA Medicaid Apple Health.....</b>	<b>855-923-4633</b>
..... <a href="http://www.wahealthplanfinder.org">www.wahealthplanfinder.org</a>	

## **HOUSING**

Council for the Homeless .....	695-9677
Housing Resource Center.....	690-4496
Habitat for Humanity.....	737-1759
Mom's Place Maternity.....	991-2222
New Beginnings .....	989-0280
Open House Ministries.....	737-0300
Vancouver Housing Authority .....	694-2501
Vida's Ark (teen mothers).....	695-3681

## **LEGAL**

Clark Co. Volunteer Lawyers Assoc.....	695-5313
Community Mediation Services.....	334-5862
Family Court Services .....	397-2326
Housing Justice Project.....	334-4007
Lutheran Comm Svcs NW Crime Victims Advocacy. 694-3644	
Lutheran Comm Svcs 24-Hr Crisis Line.....	888-425-1176
Northwest Justice Projects/CLEAR Legal Adv... 888-201-1014	
Paternity Affidavit Info.....	800-356-0463
Senior Info and Assistance.....	694-8144