

When you feel that no one understands you...

Sometimes adults just don't understand teenagers; they just don't realize that we face different challenges and have different struggles than they had when they were our age.

At TeenTalk, you will talk to people your age who may have gone through similar struggles to yourself and can help you find options and give you anonymous, confidential support.

...call us. Simply telling someone what you're going through can often ease stress.



Want to volunteer?

At TeenTalk we welcome youth from all walks of life; there is no stereotypical TeenTalker. By seeking out diverse perspectives, we gain more insight and experience in issues that are facing the teens who contact us for support. Interested? Great! SO ARE WE!

Who can volunteer?

- Are you 15-19 years old?
- Do you live in Clark County?
- Available for a three-hour shift once a week?
- Want to help?

If you answered "yes" to all four, that's awesome! Contact us to set up an interview!

Here's how you can reach us!

If you want to volunteer and become a TeenTalker, fill out our quick form at ccteentalk.clark.wa.gov.



English

TeenTalk

► We Are...

TeenTalk is anonymous, confidential & nonjudgmental support for teens by teens. We don't judge, because everyone deserves respect & kindness.

TeenTalkers are all teens who want to listen & be a friend. Many of our peers don't take the time to get to know the amazing person you



are underneath. So, when we are on the phone, text messaging, or responding to emails and Ask Peppy posts we make sure to take away all outside judgment until there is only ones authentic self. You can absolutely be yourself with TeenTalk. We talk to teens who are feeling bored, going through good times & not so good times or just need to get things off their chest. Sometimes it feels good to share where you came from, your journey & obstacles you have overcome. Everyone deserves to be heard.



► ...here to listen & support you!

We are ready to talk about...

- * Bullying
- * Depression
- * Breakups
- * Family
- * School
- * Work
- * LGBTQ topics
- * Drugs & Alcohol
- * Emotions
- * Friends
- * Suicide
- * Self-Injury
- * Relationships
- * Mental Health
- * You can even Call if you are feeling alone or bored
- * ...**ANYTHING!**



We want to know...

- * Your hopes and dreams?
- * What keeps you up at night?
- * What's changed your life the most?
- * What do you like to do in your free time?
- * Where do you want to be in 5 years?

Feel free to reach us on...

Mondays to Thursdays: 4-9 pm
Fridays: 4-7 pm

Call us at ...
360.397.CHAT [2428]

Text us at ...
360.984.0936

Email us at ...
ccteentalk1@hotmail.com

Post a message to Ask Peppy
on our website at ...
www.ccteentalk.clark.wa.gov

Message us on social media ...



"You belong here
and everything you
feel is okay."
~Andrea Gibson